

Providing good quality supported housing for young people

Issues we are able to work with include:

- Practical Life Skills
- Drug, Alcohol & Substance Use Issues
- Mental Health
- Offending Behaviour
- Education, Employment & Training
- Self Harm/Injury
- Self Esteem/Confidence Building
- Life Skills
- Welfare Rights

Cardiff Office

Tel: 029 2046 0107

Vale Office

Tel: 01446 741 500

Project Office

Tel: 029 2049 2923



Providing Housing and Support Services

Foundation Housing/Tai Sylfaen Ltd
Young People's Housing Project
Dowlais Court · Vale Road
Splott · Cardiff · CF24 2LS
Tel: 029 20492923

Registered with the Welsh Federation of Housing Associations
and Friendly Societies Reg. No. 24698R



YOUNG PEOPLE'S
HOUSING PROJECT



Providing Housing and Support Services

Our Mission

Foundation Housing Young People's Project

Exists to provide and develop practical, innovative and successful solutions for young people who may be experiencing homelessness and related problems, which may range from Drug & Alcohol misuse to education and employment training.

Young People's Housing Project Core Values:

- The Right to a Home.
- The principle of Human Rights.
- Working together to make a positive difference.
- Listening to young people.
- Enabling young people to achieve a greater quality of life.
- Providing a quality service.
- Equal Opportunity & anti-discriminatory working practise.

About the Young People's Housing Project

Are you:

- Aged between 16 and 25
- Homeless or living in bad conditions
- Need assistance to live on your own
- About to live on your own for the first time and worried about how you will cope
- Living in care and expecting to be leaving soon to live on your own

The Young People's Housing Project may be able to help you.

We are an organisation set up to house and support 16 to 25 year old single men and women who are having difficulties coping with living on their own, or who have never lived on their own.

Foundation Housing is aware that groups of people within society are discriminated against and marginalized because of differences. Foundation Housing is therefore committed to working towards the eradication of these inequalities through its practises and procedures within all aspects of its service. Foundation Housing values diversity & difference within its workforce & within the wider society. Foundation Housing is working towards ensuring that there is no discrimination on the grounds of age, disability, race, religion or sexuality, within the organisation.

Foundation Housing provides self contained, fully furnished and equipped, temporary supported accommodation to young people who are either homeless or living in inappropriate conditions.

You can contact the Young People's Project by ringing or writing to us. The telephone number and address are on the back of this leaflet.

If you would like more information on other supported projects that are available, please contact our main office and speak to either one of our Support Workers or the Support Services Manager.

